

nordic pole *plays*

THE SHOW

About the show:

This pole show in northern Germany is all about interpretation and exciting performances. What makes this event special is that the performers receive feedback from the audience and the jury. Participants receive written feedback from the jury after the show, and the audience can also use their cell phones to give feedback on each act.

There will be two shows, one for "amateurs" and one for "advanced" performers.

10 artists will be admitted per category/show, for a total of 20 people.

Rules

Performance:

The dance style you choose for your performance is up to you, but must be specified in your application (e.g., art, contemporary, heels/sensual, artistic, hip hop, etc.).

You can participate alone, as a double, or as a group.

Your performance must last at least 3 minutes and no more than 4 minutes.

Setting up/preparing and dismantling your stage set may not exceed 1 minute.

There will be 3 poles with a height of 3.3 meters.

Please note the following points during your performance:

- * Please note that the intimate area and chest must remain covered throughout the entire performance.
- * G-strings are not permitted.
- * Glitter powder may not be used as confetti; paper confetti is permitted by arrangement.

Once you have been selected as an artist, we will send you a form on which you can describe your performance (including all props, etc.).

Changes to the performance after the form has been submitted are only possible in consultation with us.



Application:

- + The application is open to everyone (minimum age 18).
- + Applications must be submitted via Eversports and by email to info@nordicpoleplays.de within the specified period.
- + The application fee of €35 is payable upon receipt of the application (only applications with payment received will be considered). Payment must be made via Eversports or PayPal, stating your name, to: info@nordicpoleplays.de (the fee is non-refundable).
- + If you are selected as a finalist for the show, a further €20 will be payable.
- + If you are a double or a group, a total amount of €30 will be payable after the final selection.

Your application shall contain the following:

- + Your full name (first and last name) / if your stage name is different, please also provide this
- + Your date of birth
- + The category you are applying for (amateur/professional) / we reserve the right to upgrade or downgrade applicants

You are an **amateur**, ...

... if you have not yet placed in any international/national championships or have only placed in the beginner category, and you do not regularly perform at public events

You are an **advanced**, ...

... if you are already an advanced pole dancer and/or have placed in international/national championships and/or regularly perform at public events and/or are a pole trainer for at least intermediate courses

+ The link to your application video (YouTube, Vimeo) – your video should not be longer than 3 minutes; videos will only be viewed up to a maximum of 3 minutes / it should show at least 1 minute of pole work (tricks, floor flow, etc.) that fits your planned performance

+ The video does not have to show your future performance, but it is advantageous to show the chosen style on the video (contemporary, power pole, heels/sensual pole, etc.)

+ You must be clearly recognizable in your application video; group videos in which you are dancing are not allowed. A double video may be acceptable if you are clearly identifiable throughout (we reserve the right to request another video if necessary).

+ Choice of dance style for your performance (e.g., art, contemporary, heels/sensual, artistic, hip hop, etc.)

+ An outline of the interpretation/your theme or the story of your performance

+ Only one registration per category and show is possible. It is also not possible to perform in two categories at the same time.