

# nordic pole *plays*

## About the Show:

This pole championship in northern Germany is all about interpretation and an exciting performance. The theme of this year's show can be seen on the website. The special thing about this competition is that the audience and the jury are equal: the participants are judged by the jury and receive points, the audience can also give points to each act with the help of their own cell phone and thus help decide the winner.

The jury's score and the audience's score each contribute 50% to the decision.

There will be two shows, one for „Amateurs“ and one for „Advanced“. There will be 10 artists per category/show, a total of 20 people, and the 1st to 3rd places from each category will be chosen at the end.

## Rules

### Performance:

The dance style you choose for your performance is up to you, but must be specified in your application (e.g. Art, Contemporary, Heels/Sensual, Artistic, Hip Hop, etc.).

You can take part alone, as a double or as a group

Your performance must last a minimum of 3 minutes and a maximum of 4 minutes

Set-up/ preparation and dismantling of your stage set must not exceed 1 minute.

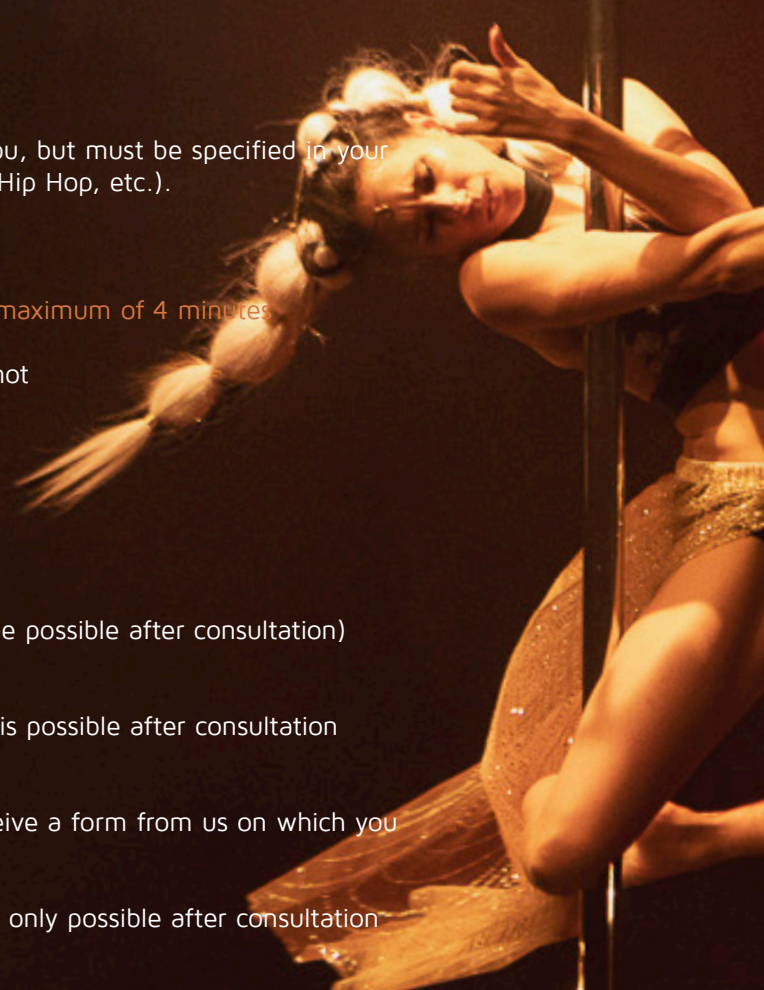
There will be 2 poles with a height of 3.3 meters

### Please note the following points regarding your act:

- \* Your top and/or shorts may not be removed (pasties may be possible after consultation)
- \* Aerial devices may be possible after consultation
- \* G-strings are not allowed
- \* Glitter powder may not be used as confetti, paper confetti is possible after consultation

As soon as you have been selected as an artist, you will receive a form from us on which you describe your performance (incl. all props etc.)

A change of the performance after submission of the form is only possible after consultation with us.



## Application:

- + application is open to all persons (at least 18 years of age)
- + Applications must be submitted via Eversports and by email to [info@nordicpoleplays.de](mailto:info@nordicpoleplays.de) **until 06.04.2024, 23:59 h**
- + **application fee of 30 euros** is due directly upon receipt of the application (only applications with completed payment can be considered). Payment must be made via Eversports or Paypal with your name to: [info@nordicpoleplays.de](mailto:info@nordicpoleplays.de) (a refund of the fee is not possible)
- + If you are selected as a finalist in the show, you will be charged a further **20 euros**.
- +if you are a double or a group, the amount is due per person

### Your application should contain the following information:

- + your **full name/s** / if your artist name is different, please let us know this as well
- + your **birth date**
- + the **category** you are applying for (Amateur/ Advanced) / We remain open to upgrading/downgrading applicants

You are an **Amateur**, ...

...if you have not yet placed in any international/national championships or only in the beginner category and do not regularly perform at public events

You are an **Advanced**, ...

... if you are already an advanced level pole dancer and/or have placed at international/national championships and/or regularly perform shows at public events and/or are a pole trainer for at least intermediate level courses

- + The link to your application video (Youtube, Vimeo) - your video should not be longer than 3 minutes, videos are only viewed up to max. minute 3 / it should show at least 1 minute of pole work (tricks, floor flow, etc.) matching your planned performance
- + The video does not have to show your future performance, but it is advantageous to show the chosen style on the video (contemporary, power pole, heels/sensual pole, etc.)
- + You must be clearly recognizable on your application video, group videos in which you dance are not allowed. A double video can be okay if you are clearly identifiable the whole time (we reserve the right to request another video if necessary)
- + Choice of dance style for your performance (e.g. Art, Contemporary, Heels/Sensual, Artistic, Hip Hop, etc.)
- + An outline of the interpretation/theme/story of your performance

**+ It is only possible to register once per category and show. It is also not possible to perform in 2 categories at the same time.**